



santainthecity.co.uk



## Event Date: 09 Dec 2023

On the day runner check-in - from 12.00pm
Santa run start time - 2.00pm
Start location - Grosvenor & Hilbert Park Cafe

We are really delighted that you are taking part in Santa in the City on 09 December 2023.

We're looking forward to seeing you in Grosvenor & Hilbert Park spreading the festive cheer!

The route stays in the park and is completey traffic-free and will take you along the paths of Grosvenor & Hilbert Park - Tunbridge Wells' first public park - all while dressed in a Santa Suit!

We are delighted that we can put this festive run on again in 2023 and have included lots of important details in the following runner information pack. Please read it carefully and keep it where you can access it easily on the day of the event.

Best wishes,
The Santa in the City Team
santa@tfaltd.co.uk | 0333 4441189





# On the day of the Run Getting your Santa Suit

On the day of the Santa in the City run, you will need to do three things to ensure you have the best experience. They are:

- Collect your Santa Suit (from 12pm), unless have it.
- On the day Check-in In person from 12.00pm at the event start (Basketball Courts - Grosvenor & Hilbert Park) or online via the Santa in the City website. Open 48hrs before.
- Collecting Santa Suits If you are collecting your Santa Suits on the day of the event you can collect them from near the playground in the Park. They can be collected from 12pm.



 If you're a team of 20 or more and you'd like your Santa suits delivered, do get in touch - 0333 4441189 / santa@tfaltd.co.uk.

> Bag Drop - This event does not have a bag drop so please travel light.

 Run Timing - This event is not timed and it is a fun run, well its about 3km!



# Runner Assembly Point In the basketball courts next to the playground

Santa in the City will start at 2.00pm.

### Runner assembly point

On the day of your run, all runners should go to the runner assembly point 10 minutes before the start of the event.

The Santa in the City runner assembly point is located at the park basketball courts. Next to the playground and park cafe.

Marshalls will then direct you to the start line.

There are plenty of facilities, a local pub and cafes, if you do arrive early.

Late arrivals may be refused entry into the event, so do please let us know if you are going to arrive late.

#### Contact

0333 4441189 santa@tfaltd.co.uk



## The Route

# Beautiful scenery & hidden paths in a festive atmosphere!

Your Santa Run 3km route will begin, in front of the basketball courts of Grosvenor and Hilbert park. Near the playground area, pond and Park Cafe. You will run along the walking and cycle paths in the park.. You will complete 3 laps of the park and then return through the park and back to the basketball court to the finish, where you started from, completing a truly iconic route!



The route is fully pathed but the ground may be uneven. We will have marshals along the route but we cannot guarentee that you will always be insight of one of the marshals.

No previous experience is needed for a run like this. The route is 3km, relatively flat and you can run, jog or walk.

# Additional support Water, first aid & recycling

We want to make your running experience as fun and safe as possible. We have first aid, water stations, Santa suit recycling bins and course marshalls to support you every step of the way. Please just find any of our team if you need anything at the event.

First Aid point & water station located at the runner assembly point and start/finish line. The nearest public toilets are by the Park Cafe. Hand sanitiser and face masks are available for free at the start/finish line, runner assembly point and via the marshalls who will be located throughout the course.

## Key things to remember!

- There isn't a bag store at the event, so please travel light.
- Santa suits not being posted or delivered must be collected from <u>Grosvenor & Hilbert Park</u> (between 12 -2pm on the event day.
- Runners must arrive at the runner assembly point (at the basketball courts) 10 minutes before the start time.
- Free water is located at the Runner Assembly Point.
- Water is provided for free at the start/finish line.
- The nearest public toilets are by the park cafe.



## **Preparation & Training**

- There isn't a bag store at the event, so please travel light.
- Santa suits not being posted or delivered must be collected from Grosvenor & Hilbert Park (between 12-2pm) on the event day.
- Runners must arrive at the runner assembly point (at the basketball courts) 10 minutes before the start time.
- Free water is located at the Runner Assembly Point.
- Water is provided for free at the start/finish line.
- The nearest public toilets are by the park cafe/playground.

## Stretching

Do this before and after your run for at least 5 mins.

Warming-up is very important, we won't have a group warm-up so please do warm up before the run. This could be a short walk to the event, a series of stretches or your own familiar routine.

### Fluids & Nutrition

Eat an hour or so before your run - This can be an energy or cereal bar, fruit or some pasta, but do avoid anything too heavy.

Have some water with you so you can keep hydrated. There will be a self-serve water station and water fountain at the finish line, so please do help yourself.

# General Information Answering your questions...

#### Where can I collect my Santa Suits from?

You can collect your Santa suit of the day from the <u>Grosvenor & Hilbert Park Cafe</u>

#### What do I do if I can't make the event?

Please let us know by email (santa@tfaltd.co.uk) before the start of the event and we will defer your place to one of our future events.

### What if I am going to arrive late?

Contact the Santa Team hotline (0333) 4441189 before the start of your booked time and leave a message stating your name and we will move you to a later staggered start time.

### Where can I recycle my Santa suit?

There are recycling points at the start/finish line. All Santa suit items will be recycled via our recycling partners.

### Is there a bag drop?

Unfortunately not, this is due to security reasons and the advice of the local council and police

So please do travel light as any bags that are left unattended may be removed and or destroyed.

More information is available at www.santainthecity.co.uk